

Sexual history case - TRANSCRIPT

The patient (P) is Jess Buttini, a 33-year-old woman presenting with a vaginal discharge. The doctor (D) is taking a history and suggesting a treatment plan.

- 1 D OK, Jess is it?
- 2 P (nods)
- 3 D Hi Jess, I'm Devini I'm going to be your GP today
- 4 P Hi
- 5 D Tell me, what brought you in today?
- 6 P Well, I'm worried I might have an infection. Um, I have a discharge and I just need to get it sorted out.
- 7 D OK, so what do you mean when you say discharge? Is it a vaginal discharge?
- 8 P Yes
- 9 D OK, just tell me a little bit more about the discharge
- 10 P It's ... It's really horrible. It's a, it's a yellow green colour. Ah, a bit like the stuff that comes out your nose when you've got a cold
- 11 D Sure
- 12 P Ah, and it's thick and uncomfortable
- 13 D OK, and how long have you had this discharge for Jess?
- 14 P About three days
- 15 D And before that nothing abnormal?
- 16 P No
- 17 D No, OK and is this discharge associated with anything else? For example, pain with urination or pain going to the toilet, your bowels?
- 18 P Ah, I've got pain in my lower tummy
- 19 D Yep
- 20 P And when I urinate it stings a bit
- 21 D Stings a bit, OK. Other than that are you well within yourself? Do you have any fevers?

- 22 P I'm well
- 23 D No sweats or anything like that?
- 24 P No
- 25 D So it's just the pain and the discharge
- 26 P Yes
- 27 D OK, and have you ever had this before?
- 28 P Ah, a few years ago I had something similar and the doctor gave me pills and it got cleared up straight away, yeah
- 29 D OK, all right. OK, and can you think of anything that could have brought this on?
- 30 P Mm, no, no not really
- 31 D And you haven't had any treatment, or tried any treatment for it, as of yet?
- 32 P No
- 33 D No. Jess, I'm going to ask you a little about your sexual history, um, only because it could be relevant. Um, it's all confidential so, um, let's start with are you, um, in a relationship at the moment?
- 34 P Yes, um, I have my partner Ben. I live with him, when he's here. He's away at work a lot so
- 35 D Right, and how long have you been with Ben for?
- 36 P About a year, mm
- 37 D OK, and do you have intercourse with him?
- 38 P When he's in town, yep (*laughs*)
- 39 D Yep, and um what type of intercourse do you have? Vaginal? Anal? Oral?
- 40 P Um, mainly vaginal
- 41 D Vaginal? OK. And do you know if Ben has any of these symptoms? Does he have a discharge? Has he complained of anything?
- 42 P He's away at the moment, um, but no. He gets back in a few weeks but I don't think he's got any symptoms
- 43 D OK, so how long has Ben been away for?
- 44 P Ah, two weeks
- 45 D OK
- 46 P He gets back in two weeks so I really want to get it sorted before he gets back

- 47 D OK, and have you or Ben ever had a sexually transmitted infection before?
- 48 P Ah, no I just had a bit of thrush, it was about two or three years ago
- 49 D That's what you were talking about earlier?
- 50 P Mm
- 51 D OK, and um have you had intercourse with anyone else recently?
- 52 P Ah, well I had a bit of a slip up. Ah, last Friday night, um I spent the night with a guy from work
- 53 D OK
- 54 P After drinks
- 55 D OK sure, and so this started obviously after that? Um, and did you use protection at all?
- 56 P No, I've got my tubes tied so
- 57 D Sure, um, do you usually use protection with Ben?
- 58 P Ah, no
- 59 D No? Nothing. OK, sure and that's the only other person you've been with in the recent times? No one else?
- 60 P *(nods)*
- 61 D OK. And you didn't notice anything at the time? It was just the last three days that you've had the discharge for?
- 62 P That's right yes
- 63 D OK, sure, we don't need to worry about you being pregnant. So I'll ask you about your other gynaecology history. Um, have you had pap smears?
- 64 P Yes
- 65 D When was your last one?
- 66 P Ah, about two years ago
- 67 D OK, and have um they been normal? Your pap smears?
- 68 P As far as I know yes
- 69 D OK, and what about your period? Do you get your period regularly?
- 70 P Yes
- 71 D OK, when was your last one?
- 72 P Last period? Two weeks ago. Two weeks ago? mm

- 73 D OK, and you haven't had any abnor- Have you had any abnormal bleeding?
- 74 P No
- 75 D No, OK, and have you ever been pregnant?
- 76 P No
- 77 D No, OK. I'm just going to ask about your other general health. How are you generally? Um, do you have any other major medical problems?
- 78 P No
- 79 D Specifically diabetes? Asthma? Heart problems?
- 80 P No
- 81 D No? Good. Are you on any medications?
- 82 P No
- 83 D And, do you have any allergies?
- 84 P No
- 85 D OK, and is there anything that could be relevant in your family history? Major diseases wise?
- 86 P Mm, no, not that I can think of
- 87 D OK, and what do you do for a living Jess?
- 88 P I work in a design workshop
- 89 D OK, full time, part time?
- 90 P Ah, full time
- 91 D OK, great. And do you smoke?
- 92 P Ah, yeah fifteen a day about *(laughs)*
- 93 D OK and how long have you been smoking fifteen a day?
- 94 P About ten years
- 95 D About ten years?
- 96 P Yep
- 97 D Right, and apart from smoking do you take any other recreational drugs?
- 98 P Um, I tired marijuana when I was young but it just made me hungry so I gave that up. Ah, nothing else no
- 99 D OK, and have you ever tried um IV drug use?

- 100 P No
- 101 D No? OK, and um, do you drink much?
- 102 P Ah socially, on the weekends
- 103 D And how much do you drink a week?
- 104 P Um, well Friday and Saturday night, probably about five or six drinks, each night
- 105 D Each night, OK
- 106 P Cocktails and wine, yeah (*laughs*)
- 107 D Sure. All right, um, is there anything um anything else you think that could be important that I've missed, or you want me to know?
- 108 P (*shakes head*) I just really want to get it cleared up. As soon as possible
- 109 D Sure, absolutely
- 110 P With Ben coming back huh
- 111 D I understand, um, so hopefully we'll get to the bottom of this today. Um what I'll do is I'll examine you now and that's just like a pap smear, and I'll take a few tests. Hopefully after that I can give you an idea of what it might be anyway and we can start treatment for you
- 112 P OK
- 113 D There are some things though that have to be notified in terms of to the government, anonymously, but also to partners because they need to be treated as well. OK?
- 114 P OK.
- 115 D So let's get this sorted out as soon as possible, OK?
- 116 P OK
- 117 D All right. Why don't you um go and get dressed and pop your bottoms off for me? And I'll be a second
- 118 P OK, thank you
- 119 D Thanks